

五邑司徒浩中學

F.D.B.W.A. SZETO HO SECONDARY SCHOOL

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聯繫

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Get to know Mr. Rafik

Hi everyone!

I am Mister Rafik and I hail from the city of Kazan, which is situated on the banks of the longest river in Europe – the Volga. A trained secondary teacher, I have worked in Hong Kong for 9 years. My family and I like it here: the city's blend of urban and natural landscapes makes it a truly unique place to live in.

It is great to be part of SHSS. The teachers and students are amicable and eager to help. Joining this school in the first fully post-pandemic year is another factor which made things so much easier for me. Currently, I am teaching speaking to all form one and form four classes. While some students may participate actively in class discussions and are willing to contribute with their ideas, others have managed to truly discover their potential through individual presentations. I am best acquainted with 3A and 3B (Group A) though as I teach the whole English curriculum to them.

Besides attending regular lessons, I also take part in school-related events and so far, my roles have involved training MCs for English morning assemblies, adjudicating at writing competitions, conducting F5 extra speaking practice sessions and helping one of my classes with their speech festival performance. These sorts of activities require a collective effort and everyone involved truly deserves kudos for their dedication.

Even though I have worked in schools for two decades now, I feel there is always something for me to learn. My students sometimes ask me if teachers have homework and I reply to them in the affirmative. I also believe that the old saying "a sound mind in a sound body" has a point there so I have always managed to find some time for sports, especially cycling, hiking, swimming or football.

Mister Rafik





A Journey Towards Mastering a Language Kicks Off



Dear all,

I've been an English teacher for more than three years in tertiary institutions and secondary schools in Hong Kong. My experience shows me that many students are quite reluctant to learn English because they are stuck at the learning plateau. As a speaker of thirteen languages, I'd like to take this opportunity to share with you some feasible ways to master a language.

To begin with, the most effective way is none other than immersing ourselves in the language environment. However, some may argue that Hong Kong lacks the atmosphere for improving proficiency in English. Frankly speaking, I don't deny this as a majority of the population of our ethnic group communicate in Chinese, and most of them don't hire maids nor have foreign friends. However, we could create the environment on our own if it's not available. Here are some examples:

1. Change the mobile phone settings to English and play games in English
2. Think and talk to ourselves in English
3. Read signs, instructions, and any texts we come across in our daily life in English

There are far more ways to get accustomed to English!

Apart from an increase in exposure, a change in attitude could also top the list. I believe many of you still remember a student presentation titled 'Curiosity Enhances Learning' in a morning assembly. Curiosity drives us to be 'knowledge - greedy', a strong self-motivation to pursue knowledge. With such enthusiasm, we'll definitely enjoy the process of learning and discovering the language, and celebrate the joy of reaching each milestone on the road towards fluency. Therefore, you are strongly advised to cultivate it as much as possible. Do always bear in mind that 'Your attitude determines your altitude'.

Now that you've got some tips for learning a language, why don't you act now and brush up on your English? Feel free to come to chat with me if you want to know more.

Best,
Mr Ng



English Day

1A Hon Ching

On English Day, I played the rainbow coin toss game and the truth or dare wheel because I could get some sweets after the game. They were so yummy. Also, I loved the book fair as it helped me gain knowledge and the books were interesting.



Morning Reading

4A Lai Tsz Ching

The 10th of May was our school English Day. In the morning, we all enjoyed reading English books that our teacher recommended. In the afternoon, I was exhilarated that we had a song dedication as we could express gratitude to teachers and classmates through this activity. Besides, we had booth games after school in the covered playground. We read some tongue twisters to get coupons and played the rainbow coin toss game. I was one of the helpers at the booth, and I saw our schoolmates enjoy the game. I fondly anticipate next year's English Day!



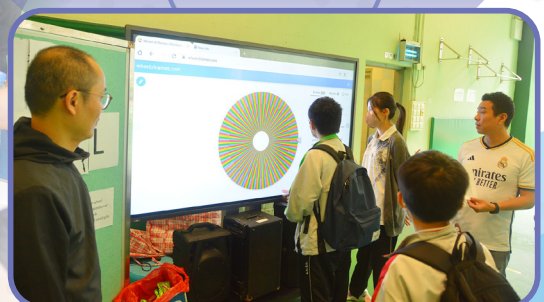
Book Fair

4B Cheung Hiu Ching

The school's English Day was fantastic! Some fantastic English songs were played on the school radio during lunchtime. I also participated in all kinds of fun booth games, such as the rainbow coin toss game and truth or dare wheel. This day not only allowed me to improve my English skills but also deepened my interest in English. I was immersed in English all day long. I am looking forward to more interesting English activities next year!



Rainbow Coin Toss Game



Truth or Dare Wheel

Ice Cream Day

1A Lau Wing Tung

It is a great idea to have Ice Cream Day. It can improve students' English skills and students can get an ice cream with their coupons when they do well in class. I hope that there will be Ice Cream Day next year.



Ice Cream Joy

1A Cheung Chun Him

After I enjoyed that amazing event, I felt so satisfied and amazed when I ate my first ice cream at school. There were a lot of flavours such as chocolate and strawberry. That day was one of my favourite school days in my secondary life. Many thanks to the event host and helpers!

1A Jiang Ka Hin

Last week, I joined Ice Cream Day. I could eat chocolate ice cream. It made me feel interested and excited. Thanks for the activity.



Ice Cream Redemption

4A Tam Tsz Yan

I was a helper for Ice Cream Day. On that day, lots of students used their ice cream tokens to exchange for ice cream at the covered playground. They performed well in class and then got an ice cream. In the process, I think students could improve their English in a relaxing way. When they tasted the ice cream, I could see smiles on their faces, so I felt it was worth it.

4A Yeung Hiu Tung

It's our favourite activity at school — Ice Cream Day again! In order to get numerous ice cream vouchers from teachers, I have been taking English and Mathematics lessons more seriously for the past few months. We finally got enough vouchers to redeem three ice creams. There are multifarious flavours for us to choose from. Ice Cream Day not only reduces our stress but also encourages us to take our classes more seriously! I am full of expectations for Ice Cream Day next year!



Tongue Twister

家長教師會活動

親子樂悠悠——故宮文化博物館與青馬大橋一日遊

家長教師會於3月10日(星期日)舉辦了「親子樂悠悠」活動，參加者共117人(成人59人；學生和小童58人)，由3名老師帶領。當日雖然天陰有雨，但大家仍然盡興而返。

旅程開始，眾人先乘坐旅遊巴士前往香港故宮文化博物館。大家參觀了1至7號展館，細心欣賞國家級展品，對國家的歷史和工藝有了更多的認識。家長和師生都在設計匠心獨運、富有現代藝術感的「故宮」內外拍照留念，大家都非常雀躍。

中午時分，大家到荃灣一家燒肉店，品嚐燒肉附加火鍋的自助餐。難得可以一家人共享美食，彼此都吃得非常滋味。

用過午膳，我們便到青馬大橋觀景台欣賞宏偉的青馬大橋，感受馬灣海峽的清風。雖然當時正下雨，但並不影響大家的心情。大家都很享受這一天的天倫之樂，整個旅程也就此畫上圓滿句號。

根據問卷調查所得，近乎所有家長及同學都滿意是次活動安排，並有興趣參與以後家長教師會舉辦的活動。大多數家長認同是次活動能增進親子溝通。由此可見，是次「親子樂悠悠」活動十分成功！



國家級展品前拍個全家福



香港故宮文化博物館前留影



青馬大橋觀景台上大合照

「手機入門攝影」工作坊



家長師生週末齊齊學攝影



家長熱烈討論攝影心得

4月27日(星期六)，家長教師會舉行了「手機入門攝影」工作坊。是日活動由Favorite Raw Image Production的攝影導師Andy Liu教授使用手機拍照的技巧，共有10組父母與子女(包括1位家長委員)及12位老師參加。導師講解

了不少攝影的基本理論及手機攝影的技巧，參與的家長及同學都非常留心聽講。之後到戶外進行攝影練習，大家都十分積極投入，並拍攝了不少意想不到的佳作。當天活動輕鬆愉快，各參加者都樂在其中，家長、老師和同學輪流做模特兒，互相學習人像攝影的技巧，整個過程充滿歡樂。此項活動既能讓參與者體驗用手機攝影的樂趣，又能享受親子時光，一舉多得。



親子共樂，實踐所學

家長教師會活動預告

時間	活動	內容
2024年6月	親子烹飪班	親子烹飪
2024年8月	中一迎新日家長全接觸	介紹家長教師會資料及活動
2024年10月	高中與大學聯招簡介會	講解高中課程與大專收生要求之關係

獲獎消息



同學獲第75屆香港學校朗誦節朗誦比賽(粵語或普通話)優異或良好證書



同學獲第75屆香港學校朗誦節英詩獨誦比賽優異或良好證書



同學分別獲香港兒童數學協會「2023香港學界數學及奧數精英賽」銀獎及銅獎



同學於青年學院「二十周年室內賽艇邀請賽」獲取佳績



中五同學獲職業訓練局及鵬程慈善基金「STEM in PE設計比賽創意大獎」銅獎



5A梁家霖獲香港數理教育學會「香港生物學素養競賽」優異獎



2D朱雅悠獲職業訓練局及鵬程慈善基金「AIGC創意大獎」季軍



5A羅錦軒獲教育局數學組及香港教育大學「香港數學競賽」優秀表現獎



觀塘區公益少年團中文硬筆書法比賽(初中組), 3A張晴兒(右二)獲冠軍; 2C歐灝天(左二)獲亞軍; 本校喜獲團體冠軍



1C陳子朗獲東區跳繩錦標賽2024(公開組)「45秒花式挑戰賽」、「30秒前繩速度挑戰賽」及「4X30單車接力速度賽」冠軍



5C張子洛獲2024年龍崗區擊劍冠軍賽(第一站)公開組男子重劍個人賽亞軍、團體賽冠軍